

J. Ray Harwood

Author of “I Hate My Damn Job! 13 Positive, Practical Ways to Change, Cope With, or Escape Your Own Personal Situation”

Ray’s previous employers include the United States Air Force, large and small Department of Defense systems and software contracting companies, and a university hospital system. He also spent 6 years in software consulting, over 12 years teaching part-time at community colleges, and was an Internet Service Provider back when domain names were free for the asking.

With over 30 years of varied work experiences, he has now formed Lunar Heart Development Group to pursue writing and consulting in a wide variety of domains. His primary goal is to help others by sharing experiences from throughout his career.

Most recently as Director of Engineering for a small engineering firm, Ray’s leadership provides an openly communicative style that fosters good staff morale. When searching for new and interesting things to accomplish, he looked back on his work life and found three major points:

1. He really enjoys writing, and is a clear communicator, both in oral and written form. He has a knack for explaining things to people in “everyday language,” and for discussing technical topics in layman’s terms.
2. He enjoys the personal satisfaction of helping people in many ways, especially when he can help them talk through their own issues and arrive at their own conclusions without “thinking *for* them.”
3. Throughout his career, people have come to him for discussion of career issues.

So in February of 2007 Ray released a self-help career guidance book as a publication of Lunar Heart Press. The title captures something he believes nearly everyone has said at least once in their career:

“I Hate My Damn Job!”

In November 2006 he was muttering this very phrase to himself, and in early December made the decision to exercise Tactic 13 from his book – the only Tactic he had not personally tried before: “Quit!” He certainly advises others *not* to follow this path without considering the alternatives, and the inherent risks!

A series of monthly Webinars invites employees from all levels to hear anecdotes of **what works**, and **what doesn’t** when trying to cope with job stress, whether from bossy supervisors, strange coworkers, challenging staff, poor environmental conditions, or a job that just plain stinks!

Now Ray is available to talk about his book, the 13 Tactics, and general work/job/career issues. From professional associations, talk radio, and even employer-sponsored career guidance discussions, let Ray’s experience work for you, your staff, and your coworkers!



Lunar Heart
Development Group

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